

United Crusade Agency

Council Helps Alcoholics Find Way to Normal Life

You don't cry easily if you're proud. You hold your head high and your shoulders straight, and you smile, stiff-lipped, when the neighbors ask, and you say, "Yes, he likes his new job," and "He feels it offers a lot of challenge." You don't add that he was fired from the last job, and the one before that.

You cry only when you're alone, and then you cry harder because to cry alone is so very lonely. You walk through the house at night and wonder if he'll be fired from this job next week? Or next month.

You had friends, once, but you don't see them now because you can't entertain when he's out on the couch. It hurts too much to be with women while they chat about their husbands working too hard at the office. You stay alone, with your pride and your pain, and you hold your head up high.

YOU TRY not to hate him because you know he's sick, and you wonder if you're sick, too, and partly to blame.

His sickness has a name. It's called alcoholism and it is the fourth most serious health problem in the nation. It is the country's most expensive disease, costing two billion dollars annually, affecting one out of 13 social drinkers and capturing 200,000 new victims each year. It's a part of the scene, and rising. You're his wife. Your sickness is one of pain and deep despair. It doesn't have a name.

There are six and a half million alcoholics in the country today, and each case of alcoholism affects the lives of some six other persons whose lives are closely joined to his. It is to help these family members as well as the alcoholic himself that the Pasadena Council on Alcoholism exist.

to the Council on Alcoholism offered what seemed a life-giving experience — the chance to drop defenses and chit-chat and to talk openly and honestly about a devastating, heart-breaking problem that had torn at the very roots of the spiritual and material structure of the family.

For these families it offered hope and understanding guidance to aid them in dealing with their home situation, and a connection with others facing the same difficulty. Perhaps it referred them to Alanon, the sister affiliate of Alcoholics Anonymous.

SAID ONE lonely wife with an alcoholic husband, after hearing of Alanon for the first time. "I wish it met every night so I'd have some place to go."

For the alcoholic himself, it offered a neutral ground where he could obtain referral to treatment facilities, Alcoholics Anonymous, physicians, hospitals, and alcoholism clinics. It offered information about the nature of his problem and some sane, practical suggestions.

ALTHOUGH located in Pasadena, last year the council served dozens of people from the San Pedro Harbor to the greater Crenshaw Area . . . and from the expensive homes of Palos Verdes to the modest dwellings in Lawndale. These persons came through referrals from doctors, school counselors, clergymen, police, employers, or social workers, and through publicity in newspapers, radio, and television.

They were public officials, tradesmen, housewives, executives, professional people, skilled craftsmen and laborers. They were men and women, members of all races and all economic levels, ranging in age from 19 to 82.

The Council works actively to promote a better understanding of the problem of alcoholism, through a program of public education and community cooperation. It disseminates information to professional groups and the general public through participation in conferences, provision of speakers for schools, clubs, church groups, professional and industrial meetings, and through maintenance of a reference file and library of current information.



KARL JACKSON

Jackson To Direct Program

FOUNDED in 1949, it has been in continuous operation since then and offered consultation last year to 4,014 persons. Children in the families involved numbered 1,562. The council is supported through contributions to the annual United Crusade now under way in Los Angeles County.

For many of those whose lives were entwined with that of an alcoholic, a visit

The appointment of Karl F. Jackson, Palos Verdes Estates resident, as Apollo program manager for The Garrett Corp.'s AiResearch Manufacturing Division, Los Angeles, has been announced by Richard E. Palmer, vice president and manager.

For the past two years, Jackson was AiResearch's chief engineer on the Apollo program with overall engineering responsibility for the environmental control system and related ground support equipment.

He replaces Charles W. Clarke, who was appointed manager of manufacturing for the AiResearch Manufacturing Division of Arizona.

Jackson joined AiResearch in 1957 and subsequently worked on development of the environmental control systems for the highly successful Projects Mercury and Gemini. From 1964 to 1966 he was chief engineer on AiResearch's Gemini program.

"What Makes Reagan Run" by Joseph Lewis. A subjective view of the governor of California; the whys and wherefores for his past, present, and future—for all politically oriented readers.

"The Other Side" by James A. Pike. A venture into the medium's world, with the controversial former bishop of the Episcopal Church of California. Rev. Pike reveals a strange involvement with his son before and after his unfortunate death.

Auction Planned Tomorrow

"Welcome to the Monkey House" by Kurt Vonnegut, Jr. Vonnegut is one of America's first rate humorist-fantasists. This collection of short stories has the ability to grab the reader and hold him from one piece to the next.

"Force 10 from Navarone" by Alistair MacLean. The same memorable characters who demolished the guns of Navarone move on to Yugoslavia where another "mission impossible" needs their expertise of war. Too bad MacLean didn't kill them off; now he must do another and another and another . . .

"Small Town in Germany" by John LeCarre. The deliberate underplay of violence and bloodshed may disappoint some readers who read his, "The Spy Who Came in . . ." but "Small Town in Germany" has excellence and creativity without spilling blood.

Property belonging to 60 estates will be sold at auction tomorrow by Baldo M. Kristovich, Los Angeles County Public Administrator.

The auction will be held at the Public Administrator's Warehouse, 4524 Brazil St., Los Angeles, beginning at 9:30 a.m. Doors will open for inspection at 9 a.m.

Jewelry and other small items will be available for inspection between 10 a.m. and 4 p.m.

All items will be sold "as is" and successful bidders must present cash or a cashier's check for payment at the time of the sale.

A variety of furniture, garden tools, appliances, jewelry, china, glassware, and office equipment will be offered for sale, according to Kristovich.

WE SELL ONLY U.S.D.A. CHOICE BEEF

PLUS WE GIVE BLUE CHIP STAMPS

LIBBY'S YELLOW CLING PEACHES
SLICES OR HALVES
4 \$1 no. 2 1/2 cans

GROUND BEEF
FRESH LEAN
39¢ lb.

CENTER CUT HAM SLICES
98¢ lb.

FRESH SLICED BEEF LIVER
49¢ lb.

LIBBY'S YELLOW CLING PEACHES 4 \$1 no. 2 1/2 cans

GOLDEN CREME LARGE 'AA' FRESH EGGS 43¢ doz. **45¢** doz. (FOOD GIANT PREMIUM LARGE 'AA' 47¢ doz.)

PREMIUM QUALITY NUCOA MARGARINE 1-lb. pkg. **23¢** Incl. 2c off

SKIPPY DOG FOOD 3 tall cans **29¢**

FOLGER'S INSTANT COFFEE 10-oz. jar **\$1.19**

AMERICAN BISCUIT, VANILLA OR CHOCOLATE SANDWICH COOKIES 2-lb. pkg. **59¢**

AUNT JANE—KOSHER OR POLISH ICEBERG STICKS 26-oz. jar **59¢**

FROZEN FOODS

RUS-ETTE POTATOES Hash Browns 12-oz. pkg. **19¢**

ROSARITA—(ENTREES 35c) Mexican Dinners reg. pkg. **45¢**

TREESWEET—(12-OZ. CANS 49c) Orange Juice 4 6-oz. cans **\$1**

BIRDSEYE—PEAS, CORN, SPINACH, BROCCOLI, PEAS & CARROTS Vegetables 4 10-oz. pkg. **89¢**

ORCHID—COLOR VARIETY Paper Napkins 2 pkg. of 80 **29¢**

FRESH KIST Prune Juice 40-oz. bottle **49¢**

ROSARITA Refried Beans no. 2 1/2 can **29¢**

DUTCH GIRL Apple Butter 28-oz. jar **39¢**

GOLDEN CREME COTTAGE CHEESE PINT **31¢** QUART **59¢**

VEGETABLE JUICE BLEND V-8 COCKTAIL jumbo 46-oz. can **39¢**

FRESH KIST PRODUCE

U.S. NO. 1-ALL-PURPOSE Potatoes 10 LBS **29¢**

IN CELLO BAG

COLGATE TOOTH PASTE \$1.05 family tube **64¢** Incl. price off label

RIGHT GUARD DEODORANT \$1.49 7-oz. family size **87¢** Incl. price off label

AQUA NET HAIR SPRAY Regular or Hard to Hold 13-oz. **47¢** 98c size

ONE-A-DAY \$2.99 BOTTLE OF 100 MULTIPLE VITAMIN, BTL. 100 **\$3.29** PLUS IRON

DETERGENT ELECTRA-SOL FOR AUTOMATIC DISHWASHER 20-oz. pkg. **35¢** Incl. 7c off

POWDERED SNOWY BLEACH 16-oz. box **47¢** 26-oz. box **77¢**

TOMATO HEINZ KETCHUP 20-oz. btl. **33¢**

EASY-ON STARCH 22-oz. can **77¢**

59c SIZE CHRISTMAS FOIL GIFT WRAP 3 ROLL PACK **29¢**

TOILET BARS JERGENS SOAP 4-bar pkg. **31¢**

CHIPS GUITTARD CHOCOLATE 6-oz. pkg. **25¢**

CHRISTMAS FOIL AND PAPER GIFT WRAP 10 ROLL PACK **\$1.99**

FROZEN OH BOY PIZZAS CHEESE 9 3/4-oz. pkg. **47¢** SAUSAGE 9 3/4-oz. pkg. **57¢** CHEESE, PEPPERONI or SAUSAGE—BAG OF 6 **95¢**

SMUCKER'S FRUIT SYRUPS BLUEBERRY 12-oz. jar **37¢** BOYSENBERRY 12-oz. jar **37¢** S. RAWBERRY 12-oz. jar **37¢** TOPPING, ALL FLAVORS 12-oz. jar **33¢** 20-oz. jar **43¢**

NEW at your Torrance Library
By INEZ STAFF